

2021 HANKIN DISTINGUISHED LECTURE

**Florence Nightingale Was Right:
The Central Role of Housing for
Ensuring Health and Well-Being
in a Changing World**



AMANDA L. REDDY

EXECUTIVE DIRECTOR, NATIONAL CENTER FOR HEALTHY HOUSING

**Wednesday, November 17, 2021
4:00 P.M. (E.T.) via Zoom**

PROGRAM



4:00 p.m. **Opening Remarks**
Introduction of Speaker
Dr. Ali Memari,
Hankin Chair & director of PHRC

Hankin Lecture
Questions & Answers
Amanda L. Reddy

5:30 p.m. **Presentation of Plaque**
The Hankin Family

Closing Remarks
Brian Wolfgang,
associate director of PHRC

Florence Nightingale Was Right: The Central Role of Housing for Ensuring Health and Well-Being in a Changing World

In her talk, Reddy will reference Florence Nightingale, who wrote, “The connection between health and the dwelling of the population is one of the most important that exists,” and discuss the importance of housing and health, especially during the COVID-19 pandemic.

“In modern parlance, we often state that housing is one of the most well-documented and powerful social determinants of health, and this association holds true not just despite our increasing globalization, but also because of it,” Reddy said. “In the face of pandemics, climate change and the ongoing fight for racial and economic justice, housing is essential to our collective and individual well-being. Homes are also increasingly serving as workplaces and learning environments. We’ll explore opportunities to leverage housing in addressing traditional and emerging threats to our health and well-being but also opportunities to use housing as a platform to help individuals and communities thrive.”

The **Hankin Distinguished Lecture series**, hosted by Penn State’s residential construction program and the PHRC, was established in 2006 to honor the late Bernard Hankin and his family for their continuous and dedicated support of the residential construction program at Penn State. It brings world-class speakers to Penn State to address students, faculty, industry members and the public with thought-provoking topics and education related to the housing industry. The residential construction program and the PHRC are administered within Penn State’s Department of Civil and Environmental Engineering in the College of Engineering. The lecture series is free and open to the public.

ABOUT AMANDA L. REDDY

Amanda L. Reddy is the executive director of the National Center for Healthy Housing, an organization founded on the premise that better housing can be a powerful platform for better health. Reddy describes her path into the field of environmental health by saying that “she took a job and found a calling.” Over the last fifteen years, she has answered that call by working with communities to effectively prevent housing-related illness and injury by implementing evidence-based and equitable policies that improve housing quality.



Prior to joining the National Center for Healthy Housing, Reddy was a research scientist supporting a range of New York State Department of Health programs focused on improving indoor and outdoor air quality in homes, schools, workplaces, and outdoor settings. Reddy has served as a national leader in securing sustainable financing for healthy homes services, and she has developed a talent for making topics like healthcare financing, code enforcement, and economic evaluation engaging.

She holds degrees in environmental health from the London School of Hygiene and Tropical Medicine and in neuroscience from Mount Holyoke College.

The **Pennsylvania Housing Research Center** collaboratively engages with the residential construction industry to catalyze advancements in homebuilding through education, training, innovation, research, and dissemination. The PHRC envisions a residential construction industry equipped with the knowledge, skills, and technology to build better homes. Administered within the Department of Civil & Environmental Engineering at Penn State, you can learn more at phrc.psu.edu.



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